













earn yourself a free month!



























Please enter your details here

	Membership No
Name	
Address	Email
Phone	

Please pass this form onto your friend and ask them to return the completed form when they sign up. If your friend joins up you will receive a free month's membership. There is no limit to the number of friends that you can refer!

*This offer is available to current members. This offer cannot be used in conjunction with any other offer.

Friend		
Address		
Phone		
Email		

Please complete this form and return to reception

